Hutspot

(recipe submitted by Margaret Norman to the *Fulton’s Favorites* cookbook, 1986)

1-2 pound roast

8 cups diced carrots

8 cups diced potatoes

1 cup sliced onions

Salt and pepper

Put meat into enough water to cover. Add 1 ½ tsp salt and cook until done. Add carrots and cover. Cook 1 ½ hours longer. Add potatoes and onions and cook until potatoes are done. This will look sort of mushy, but this is normal.